## What We Did Why It Matters

April 28, 2016

## INTEGRATION





WASH+

### What Did WASHplus Integrate?

## WASH into...

#### HIV

#### Nutrition

Neglected Tropical Diseases

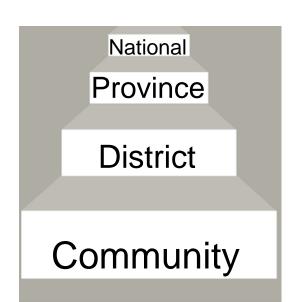
#### Education

### How Did WASHplus Integrate?

#### Integration on a continuum

Integration Continuum Co-locate share tools/ plan/implement approaches joint programming

- Across levels of the system
  - In a country
  - Globally



### **Integration Approach**

Co-locate WASH programs (especially infrastructure) in areas of high need

Work with government counterparts, USG partners, & any coalition of the willing

Engage champions!

Review/improve WASH guidance within existing sectoral policies & guidelines

Review/improve capacity building materials & job aids

Provide tools & training for organizations to integrate WASH into other programs

Integrate 1-3 WASH indicators





### Why Integration Matters to WASHplus

Integration creates synergy

Improves financing opportunities

Beneficiaries do not live isolated, vertical lives...integration can improve lives



### **Session Plan**

# 1. WASH-nutrition integration in Uganda & Bangladesh

# 2. Joint WASH-nutrition programming in Mali

3. 2 rounds of Discussion Tables
6 topics each session
4 topics same/2 topics change
Round 1 WASH-Nutrition Table in French

### **Discussion Table Topics**

#### Round 1

- 1. WASH in schools
- 2. WASH, schools & MHM
- 3. WASH and nutrition (French)
- 4. WASH and HIV
- 5. Indicators for integrated programs
- 6. WASH, nutrition, & ECD (Clean, Fed & Nurtured)

### Round 2

- 1. WASH in schools
- 2. WASH, schools, & MHM
- 3. WASH and nutrition
- 4. WASH, nutrition, & infant poo
- 5. Indicators for integrated programs
- 6. WASH and NTDs

# wash Integration Uganda

**GENERAL** 

#### WASH, HIV, & Nutrition Integration: (P)policy & Programming Opportunities



Clinic

Counseling

#### Home







## **Integrating WASH HIV/Nutrition**

#### **Quarterly Pediatric Clinic**



## **Integrating WASH HIV/Nutrition**



### Integrating WASH "Straight" Nutrition Programs



#### Small Doable Actions For Keeping Food Safe: Food Handling & Preparation

It is especially important to wash hands and food containers with soap and flowing water before handling food to minimise the risk of germs. Adhere to all personal hygiene practices like keeping fingernails short while handling food.



- Construct a tippy tap close to the kitchen to ensure hand washing with soap.
- Wash hands with soap before preparing food.
- Keep fingernails short and clean.
- Prepare raw meat or fish away from other raw foods. Don't allow juices to touch other foods.
- Wash area where food is prepared at least daily, with water and Jik, if available, otherwise soap.

- Wash raw vegetables and fruits under running water to remove germs, insects, and chemicals.
- Keep animals (such as chickens) away from food preparation area.
- Wash all the knives, cutting boards, and plates used after cutting fresh meat with soap and water.
- For utensils used to handle cooked and ready-to-eat food, wash with soap and water and store on shelf or wall.









#### **Co-Location of WASH Activity** to increase access to water and sanitation





### **Connecting WASH and Nutrition**



#### **Focus on handwashing**

Emphasizing after defecation AND before food prep and feeding

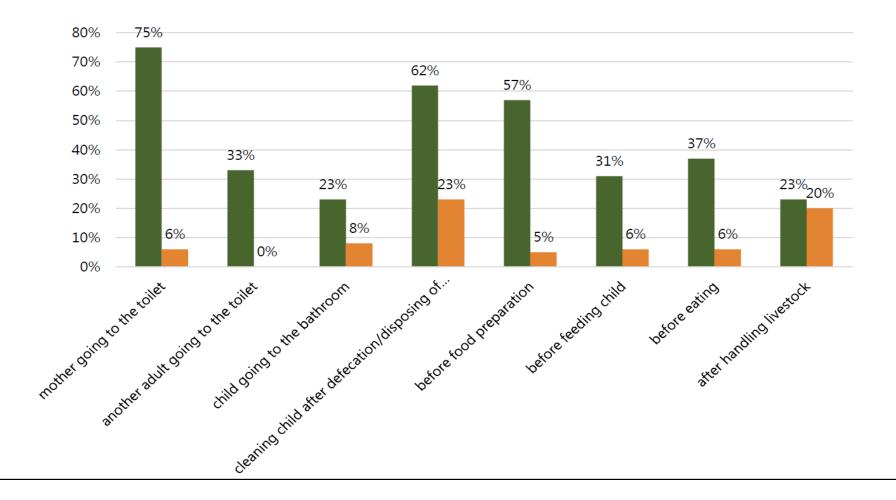
Promoting installation of TIPPY TAPS as "enabling technology" and reminder

**Reviewed guides** 

**Trained trainers** 

Nutrition projects provided cascade training

#### Handwashing Among Farmer Field School Participants



Most of observed FFS graduates had TWO Tippy Taps: near latrine & ANOTHER near kitchen



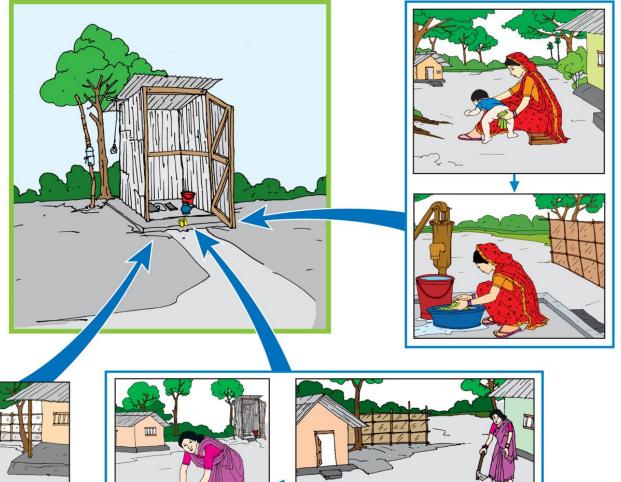


### **Poo's Final Address**

#### No matter where your infant poos, make it end up in the latrine!













### What's the Recipe for a Healthy Child?

#### Results from an Integrated WASH/Nutrition Program in Mali

April 2013 – April 2016

## **Project in Mali**

#### **OBJECTIVES**

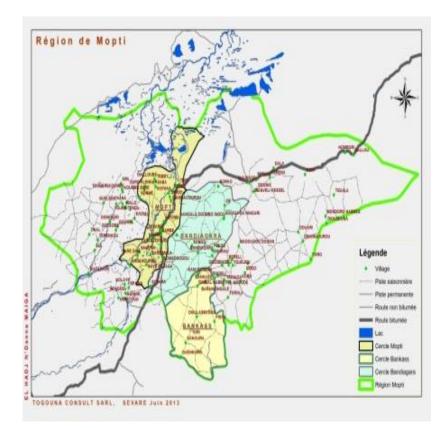
#### Overall

 Improve nutritional status of 19,000 children (under 2 yrs) in 180 rural villages in the Mopti Region

#### Specific

- Increase supply of appropriate, affordable, & sustainable
   WASH services for households
- Increase demand for low cost sanitation
- Improve sanitation, hygiene, & child feeding practices

### **INTERVENTION ZONE**



180 villages in 18 communes in 3 districts (Mopti, Bandiagara, & Bankass) in Mopti Region

## **Principal Activities**

## Sanitation – CLTS, ODF and post-ODF



Sanitation marketing



Screening & referral of malnourished children



Negotiating improved practices with mothers, including handwashing at critical moments



#### Rehabilitation/ protection of water points



## Promotion of POU water treatment



Nutrition & breastfeeding demonstrations



Promoting WASHnutrition during world days (WTD, WHWD, WBF, WWD)



## **Cross-Cutting Approaches**

Key behavior change (BC) approaches

- Implemented comprehensive BC strategy
- Trained village volunteers
- Used WASH-nutrition counseling cards
- Broadcast radio programming
- Gender issues + gender equality
- Strategic partnerships with regional & local players
- **Environmental conservation**
- Entrepreneurial spirit at community level





### Results

#### Sanitation

- 146 villages certified open defecation free (ODF); 81% of target villages
- 10,230 latrines built
- Contributed to revised national CLTS Guide focused on constructing traditional latrine models in difficult ecological zones
- Water Supply
- 103 water points rehabilitated/repaired
- 47 communities have self-funding plan to repair & maintain water points in future





### **Results - 2**

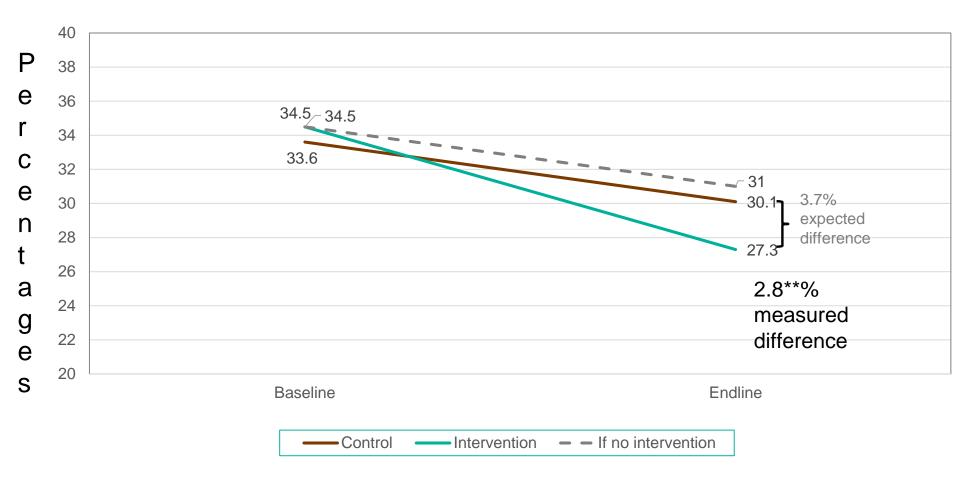
#### Hygiene

- **15,423** new handwashing stations
  - **3,933** tippy taps installed toilet/kitchen
- 1,875 sessions on treating water
- 174,208 Aquatabs sold (>3,480,000 liters)
   Nutrition
- **19,000** children under 2 regularly tested for undernutrition
  - Decrease in referrals (Apr-Jun 14→Apr-Jun 15)
    - Moderate: 2,050 → 334
    - Severe with complications: 269 → 38
- **1,233** sessions on how to breastfeed & prepare enriched complementary food



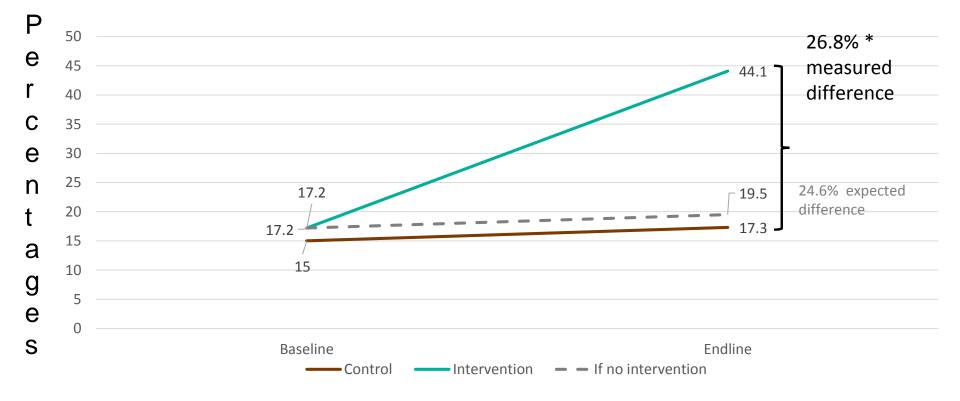


#### Reported Diarrhea Prevalence 2 Weeks Prior to Survey



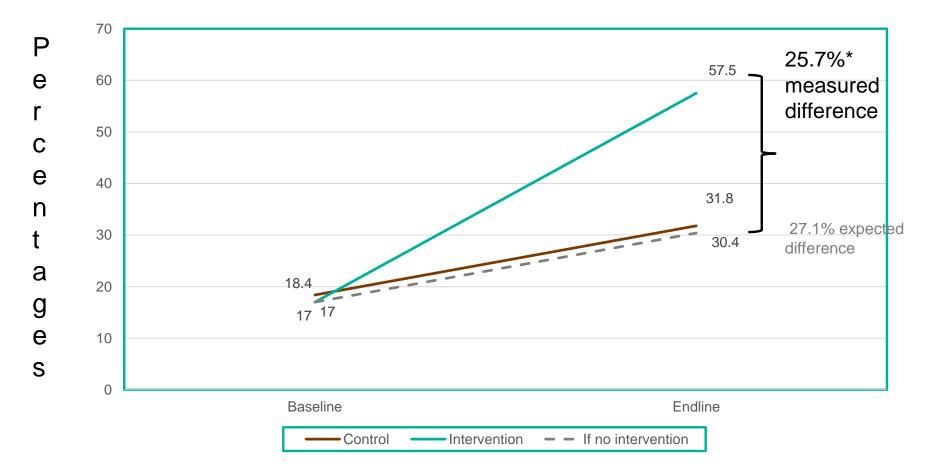
\*\* Measured difference at endline marginally significant, p =.072

#### **Reported Use of Chlorine to Treat Drinking Water**



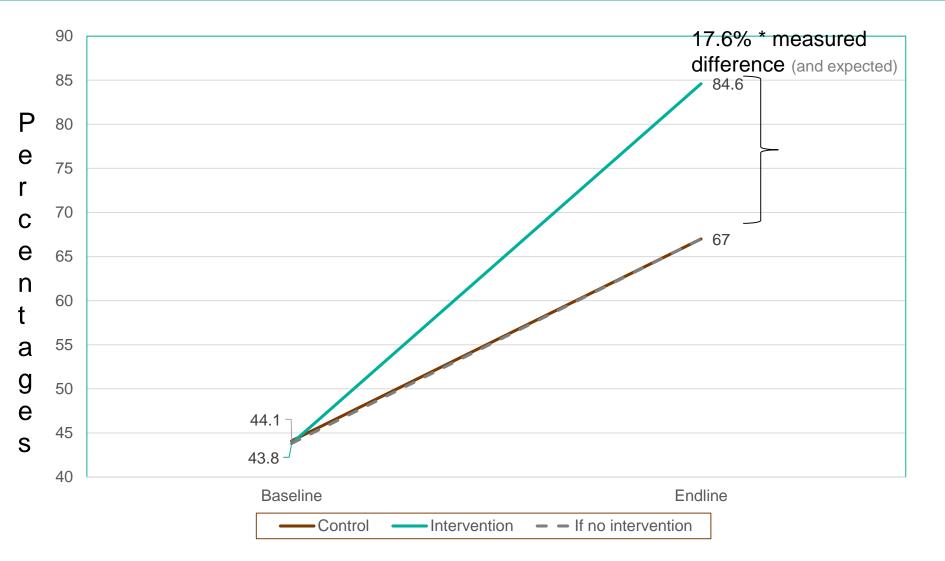
\* Measured difference at endline significant, p =.000

#### Prevalence of Households with Access to Improved Sanitation



\* Measured difference at endline significant, p =.000

### **Use of Potty by Youngest Child**



\* Measured difference at endline significant, p =.000

### **Cross-Cutting results**

Major improvements cited by community members

- Cleaner villages
- Healthier children, especially less diarrhea & malnutrition
- Behavioral changes in all areas

#### Women's roles

- Workload reduced through rehabilitated water points
- Participation: water committees & pricing, purchasing Aquatabs, weekly village cleaning

Partnership with technical services 7,269 trees planted - 66% survival rate





### **Lessons Learned**

Developing a coherent BC strategy–with long-term focus–maximizes results & can foster innovations Integrating WASH & nutrition in communities reinforces adoption of preventive practices

Mobilizing community participation can be fostered by:

- Tailoring approaches to local environments
- Collaboratively involving stakeholders at all levels
- Featuring "champions" as messengers via media
- Stimulating healthy competition between communities, mayors, etc.
- Recognizing successes & increased self-efficacy
   → increased engagement at all levels



Thanks for your attention!

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